

WOMEN WITH VMS ARE FEELING THE HEAT

See the impact of Vasomotor Symptoms (VMS) associated with menopause



UP TO 80%

of women in the US experience VMS during the menopausal transition¹



In a UK study, women experienced a total of ~28 VMS episodes per week²:



~17
HOT
FLASHES



~11
NIGHT
SWEATS

Women experience VMS for a median duration of **7.4 YEARS.**³

However, some women may experience symptoms for **10 OR MORE YEARS.**³

VMS negatively impacts⁴:



LEARN MORE ABOUT THE IMPACT OF THE VMS FIRE AT [VMSIMPACT.COM](https://vmsimpact.com)

References: **1.** Thurston RC. Vasomotor symptoms. In: Crandall CJ, Bachman GA, Faubion SS, et al., eds. Menopause Practice: A Clinician's Guide. 6th ed. Pepper Pike, OH: The North American Menopause Society, 2019:43-55. **2.** Hunter MS, Gentry-Maharaj A, Ryan A, et al. Prevalence, frequency and problem rating of hot flashes persist in older postmenopausal women: impact of age, body mass index, hysterectomy, hormone therapy use, lifestyle and mood in a cross-sectional cohort study of 10 418 British women aged 54-65. *BJOG* 2012;119(1):40-50. **3.** Avis NE, Crawford SL, Greendale G, et al. Duration of menopausal vasomotor symptoms over the menopause transition. *JAMA Intern Med* 2015;175(4):531-9. **4.** Williams RE, Levine FK, Kalilani L, Lewis J, Clark RV. Menopause-specific questionnaire assessment in US population-based study shows negative impact on health-related quality of life. *Maturitas* 2009;6(2):153-9.



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